



BODHI

WELLNESS | SPA | RETREAT

# SPA MENU

## FACIALS

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### HYDRATE RENEWAL FACIAL\* | 60 MIN

Weekdays \$210 / Weekends \$240

*Best for hydration* | A Sodashi facial to deeply hydrate and nourish the skin.

### SKIN PERFECTING FACIAL\* | 60 MIN

Weekdays \$245 / Weekends \$275

*Best for fine lines, pigmentation, sun damage or congestion* | An Alpha-H facial with gentle glycolic peel.

### THERMAL LUMINOSITY FACIAL\* | 90 MIN

Weekdays \$295 / Weekends \$340

*Best for firming and plumping* | A Sodashi facial with thermal mask to plump, firm and smooth.

## MASSAGE

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### BODHI HEAD MASSAGE\* | 60 MIN

Weekdays \$190 / Weekends \$220

Dissolve stress, fatigue and tension from head, face, neck and shoulders.

### BODHI RELAX MASSAGE | 60 MIN / 90 MIN

Weekdays \$195 / \$275 | Weekends \$225 / \$320

A luxurious Swedish-style massage using light to medium pressure.

### BODHI TENSION RELEASE MASSAGE | 60 MIN / 90 MIN

Weekdays \$210 / \$295 | Weekends \$240 / \$340

An invigorating massage to melt away deep-seated tension.

### BODHI KODO MASSAGE | 90 MIN

Weekdays \$305 / Weekends \$350

A rhythmic massage inspired by Indigenous healing to melt away tension.

### BODHI PREGNANCY MASSAGE\* | 60 MIN / 90 MIN

Weekdays \$210 / \$295 | Weekends \$240 / \$340

A deeply nurturing massage to alleviate tension, heaviness and swelling.

## WELLNESS THERAPIES

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### BODHI SALT SCRUB | 60 MIN

Weekdays \$210 / Weekends \$240

Himalayan Salts – strong exfoliant.  
Vanilla & Sandalwood\* – gentle exfoliant.

### CONTOUR + DETOX BODY WRAP | 90 MIN

Weekdays \$315 / Weekends \$360

Anti-cellulite and detoxifying, a lymphatic boosting salt scrub is followed by a warm mineral-rich clay mask and soothing scalp massage.

## SPA JOURNEYS

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### BODHI PREGNANCY NURTURE\* | ALLOW 90 MIN

Weekdays \$325 / Weekends \$370

BODHI Pregnancy Massage + Sodashi Instant Glow Facial.

### BODHI PREGNANCY RETREAT\* | ALLOW 2 HOURS

Weekdays \$425 / Weekends \$485

BODHI Pregnancy Massage + Sodashi Hydrate Renewal Facial + KNESKO Collagen Foot Mask.

### BODHI ESCAPE | ALLOW 2 HOURS + 30 MIN

Weekdays \$520 / Weekends \$595

BODHI Relax Massage + Sodashi Hydrate Renewal Facial + Scalp Massage and Hair Treatment.

Upgrade to a BODHI Tension Release Massage | + \$15 per person.

### BODHI GROUNDING RITUAL ALLOW 2 HOURS + 30 MIN

Weekdays \$540 / Weekends \$615

Full-Body Exfoliation + Mineral-Rich Body Wrap + Scalp Massage + BODHI Kodo Massage.

### BODHI AWAKENING RITUAL | ALLOW 5 HOURS

Weekdays \$840 / Weekends \$990

Mineral-Rich Body Wrap + BODHI Kodo Massage  
+ Botanical Facial + Nurturing Head Massage + Nourish Foot and Hand Therapies + Refreshments.

### PRIVATE RETREATS - POA

## POOL PASS

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### SPA, SAUNA, STEAM + POOL ACCESS | 60 MIN

Weekdays \$60 / Weekends \$80

Add on to any BODHI treatment.

## ENHANCEMENTS

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### GUA SHA FACIAL MASSAGE\* | 20 MIN

Weekdays \$70 / Weekends \$80

### SAMADARA AGE-DEFYING FORMULATIONS\* | \$50

KNESKO COLLAGEN MASKS\* | Ask in spa for details.

### BACK MASSAGE | 30 MIN

Weekdays \$120 / Weekends \$135

### INSTANT GLOW FACIAL\* | 30 MIN

Weekdays \$125 / Weekends \$140

### SCALP MASSAGE + LEAVE-IN HAIR TREATMENT\* | 30 MIN

Weekdays \$135 / Weekends \$150

### BODHI Value Package

Purchase six treatments get one free.  
Conditions apply.

\*Pregnancy safe.

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BODHI Spa at Eos by SkyCity  
Hotel Level 1  
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South Australia 5000

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